Watch Where You Are Going

Distracted walking is on the rise.

Being safe means being alert – all the time!

- Scan ahead for cracks on the ground, spills or changes in elevation.
- Check your emails and send your texts before you start walking.
- Duck into a doorway or move off to the side to make a call/text.
- Never cross the street while using an electronic device. Make sure you can hear traffic/sounds around you in parking lots and streets.

With so many things competing for our attention, make safety a priority.

